

2021 CCT in Anaesthetics Curriculum

Introduction

The purpose of the anaesthetic curriculum is to enable doctors to become consultant anaesthetists with the generic professional and specialty specific capabilities to lead, develop and deliver high quality anaesthesia, and perioperative, critical care and pain medicine. The curriculum provides a framework for training, articulating the standard required to work at consultant level and at critical progression points, as well as encouraging the pursuit of excellence in all aspects of clinical and wider practice.

The CCT programme is broken up into three distinct stages for a programme of an indicative length of seven years. They are:

- Stage 1 (3 years – CT1-3)
- Stage 2 (2 years – ST4-5)
- Stage 3 (2 years – ST6-7)

On completion of the training programme, a consultant anaesthetist will be equipped with the competence and confidence to manage the full range of emergency and elective scenarios encountered in a typical hospital, recognise and stabilise those who require tertiary care, before transferring them onward for definitive treatment.

2021 Curriculum Implementation

The 2021 CCT Anaesthetics Curriculum provides a programme of learning which can be flexed to deliver the necessary skill mix to suit the demands and aspirations of the NHS, and develop all trainees without compromising patient safety. The new curriculum has the same content and scope as the existing anaesthetic 2010 Curriculum, thereby ensuring a consistent output to meet the current and future demands of patients.

The 2021 CCT Anaesthetics Curriculum is on track for implementation in August 2021. The College would like to transfer the majority of trainees from the 2010 curriculum to the 2021 curriculum at this time to allow them to enjoy the benefits the new curriculum provides, but also recognises the need to allow flexibility for schools of anaesthesia to transition trainees in a way that supports and manages the delivery of programmes locally. The following implementation plan is proposed:

- the 2010 curriculum will remain in use until 31 January 2024
- all August 2021 new CT1 Anaesthesia or ACCS (Anaesthesia) trainees commence on the new Anaesthetics (or ACCS) 2021 curriculum
- CT1 Anaesthesia or ACCS (Anaesthesia) trainees who commenced in February 2021 are transferred to the new Anaesthetics (or ACCS) 2021 curriculum in either August 2021 or February 2022
- CT2 trainees or ACCS (Anaesthesia) CT3 trainees who expect to have completed 18 months anaesthesia by August 2021 and intend to apply for ST3 Anaesthesia starting in February 2022 should complete competences for core level training on the 2010 curriculum to allow application for ST3
- CT2 to ST5 trainees are transferred to the new curriculum in either August 2021 or February 2022, however;
- any trainee who is expected to achieve their CCT by 31 January 2024 may remain on the 2010 curriculum. This should be discussed with the local Training Programme Director. Those who anticipate a CCT date beyond this date, for any reason, should transition to the new Anaesthetics 2021 curriculum at the earliest opportunity

- the year of transfer will be a School of Anaesthesia decision based on local circumstances.

General principles to support transition

Anaesthetists within a recognised training programme

- CT1 ACCS (Anaes) start on 2021 ACCS curriculum
- CT1 Anaesthesia & ACCS (Anaes) CT2 commence or transition to the new Anaesthesia or ACCS 2021 curriculum
- CT2 & ACCS (Anaes) CT3 transition to the new Anaesthesia or ACCS 2021 curriculum
- CT2 trainees or ACCS (Anaesthesia) CT3 trainees who expect to have completed 18 months anaesthesia by August 2021 and intend to apply for ST3 Anaesthesia starting in February 2022 should complete competences for core level training on the 2010 curriculum to allow application
- ST3: transition to new curriculum: Full primary exam by end ST3. Utilise Structured Learning Events (WBAs) and e-portfolio evidence from 2010 Curriculum ST3-5 training years, to evidence 2021 Curriculum Stage 1 & 2 domains of learning by the end of ST5, and obtain full FRCA by end ST5. Trainees should complete Stage 1 before commencing Stage 2 where possible, but flexibility will be allowed if required
- ST4: transition to new curriculum: Utilise Structured Learning Events (WBAs) and e-portfolio evidence from 2010 Curriculum ST3-5 training years, to evidence 2021 Curriculum Stage 1 and 2 domains of learning by the end of ST5, and obtain full FRCA by end ST5. Trainees should complete Stage 1 before commencing Stage 2 where possible, but flexibility will be allowed if required
- ST5: transition to new curriculum: Utilise Structured Learning Events (WBAs) and e-portfolio evidence from 2010 Curriculum ST3-5 training years, to evidence 2021 Curriculum Stage 2 domains of learning by the end of ST5, and obtain full FRCA by end ST5
- Any trainee who is expected to achieve their CCT by 31 January 2024 may remain on the 2010 curriculum. This should be discussed with the local Training Programme Director. Those who anticipate a CCT date beyond this date, for any reason, should transition to the new Anaesthetics 2021 curriculum at the earliest opportunity.

Less than full time trainees (LTFT)

LTFT in general should transition as soon as possible to the 2021 Curriculum with other trainees of the same grade, but this may require individualised training plans. This should be clarified and discussed with the local Training Programme Director at the next ARCP.

The 2010 curriculum will remain in use until 31 January 2024. This may allow less than fulltime trainees in ST6 and ST7 sufficient time to complete their training programmes on the 2010 curriculum.

Flexibility of delivery of training between Stages 2 and 3

The College recognises that schools of anaesthesia deliver elements of the curriculum in different ways depending on local circumstances and the range of hospitals within a programme. This is particularly relevant to the delivery of the cardiac, neuro and intensive care medicine units of training of the 2010 curriculum.

To enable rotations and individuals training programmes that have already been planned for August 2021 to proceed accordingly, whilst also facilitating any transition to the 2021 curriculum, the College will allow a degree of flexibility in the delivery of training between Stages 2 and 3 of the 2021 curriculum for the first 12-18 months of its implementation.

Anaesthetists outside of recognised training post

Utilise Structured Learning Events (WBAs), e-portfolio evidence from 2010 Curriculum CT1-2 training years, and evidence from Locally Employed post to evidence 2021 Curriculum Stage 1 key capabilities.

If unsuccessful in August 2021 and February 2022 ST3 recruitment rounds, work to achieve Stage 1 Equivalent Training Certificate to allow recruitment application for 2021 Curriculum Stage 2 (ST4) start in August 2023.